



Blue Hill Co-op Cole Slaw

Ingredients:

1 head of green cabbage--very thinly sliced or shredded
One small red onion--very thinly sliced
2 carrots--peeled and grated
One bunch of parsley--washed and minced

Preparation:

Toss all the prepared ingredients in a bowl and mix well.

Dressing:

1 cup vegenaïse
¼ cup apple cider vinegar
Salt & pepper to taste

Blend all dressing ingredients in a bowl together and dress salad.

Serves 6-8.